

5 Benefits of Regular Consultation

Regular consultation helps to empower you so you can better help your patients! Let's take a look at the benefits:



**TRAUMA
SPECIALISTS**
TRAINING INSTITUTE

Training the Trauma Specialists of Tomorrow



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You have ongoing support from an expert.

A good consultant will be a constant source of information and support—even outside of scheduled appointments! Establishing a rapport will enable you to stay in contact with them so they can help out in time-sensitive situations.



You learn the application of skills to individual cases.

A consultant can help you understand how to finesse a skill so it works for you and your client. You may also have questions about how the application of a particular skill went in session. Your consultant can help you conceptualize this and treatment plan for the future.



The learning process is ongoing.

An expert consultant is a wealth of information. Your consultant may teach some skills in real time during a consultation. They also know the best resources to help you continue your learning outside of the consultation setting.

Become an expert yourself!

Perhaps you have a goal to specialize in a particular area and ultimately even become an expert. Working with a consultant who is already an expert in the area helps you meet your personal goals.



Reduce vulnerability to compassion fatigue and burnout.

Consultant support means you continue to feel effective and excited about being a therapist. During those cases that feel particularly difficult, this support can be a saving grace for you and, in turn, your patient. You continue to learn and be effective without losing your compassion!



Get In Touch

Whether you are a clinician who is just looking for support and ongoing learning or someone who has goals to become an expert in the treatment of trauma, we hope to be able to work with you to meet your consultation needs!

We're always happy to take on new consultees. Reach out and enrich your patient care!